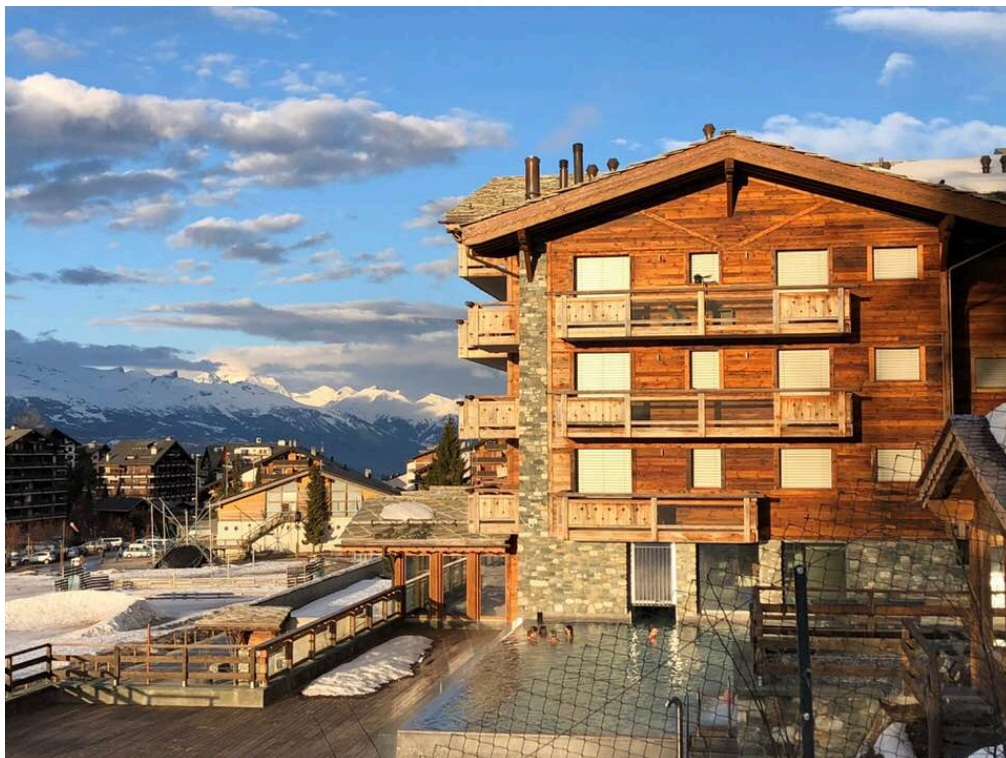




## Hotel Nendaz 4 Vallées: Swiss Chalet with Amazing Spa

Filed in by newinzurich on March 19, 2018 • 0 Comments



Hotel Nendaz 4 Vallées: Swiss Chalet with Amazing Spa



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Medienart: Internet  
Medientyp: Weblogs, Userforen



Web Ansicht

Auftrag: 3008252  
Themen-Nr.: 571.103

Referenz: 68943428  
Ausschnitt Seite: 2/15



Switzerland never ceases to amaze me. For such a small country there are some really hidden and beautiful places just waiting to be discovered. Nendaz is one of them, and despite being only 250 kms or so from Zurich, it is actually quite an adventure to get there!



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Whether you travel by car, or by public transport as I did, it's not exactly quick. However, the journey in itself something to savour and relish, as you pass through some truly beautiful Swiss scenery.





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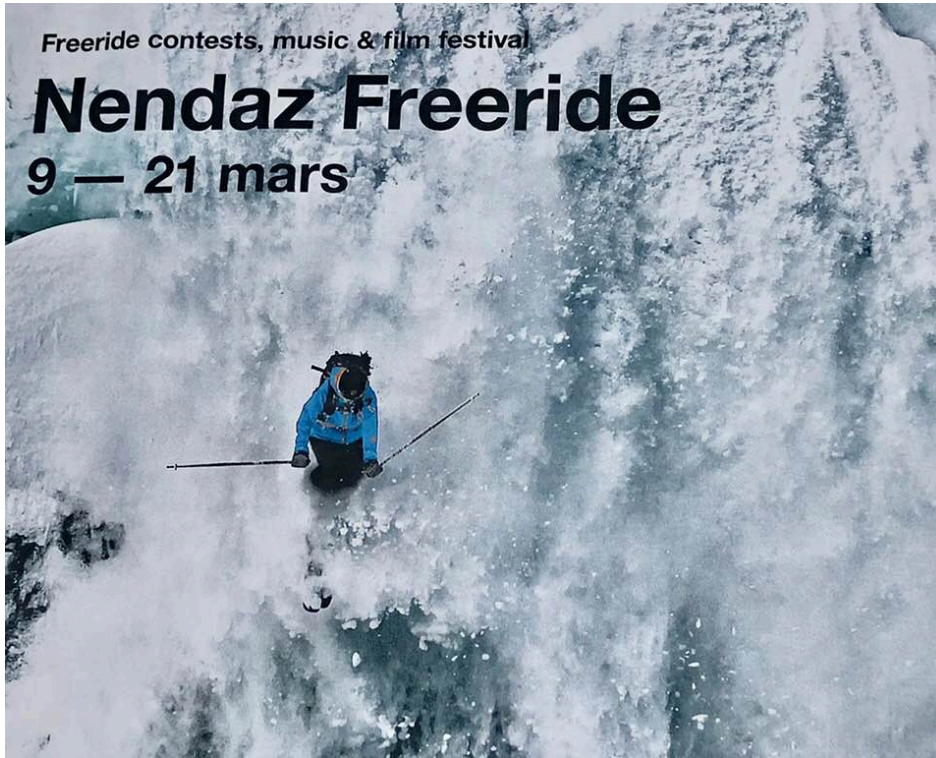
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I think the key thing here is to lap it all up and enjoy – it's so scenic and so beautiful.



We were staying at the Hotel Nendaz 4 Vallées and Spa to enjoy the Nendaz Freeride Competition which was taking place all over the weekend whilst we were there.



Freeride contests, music & film festival

# Nendaz Freeride

9 — 21 mars

## Arrival at Hotel Nendaz 4 Vallées

The hotel is just a 5 minute walk from the Postbus stop in the centre of town and if you come by car, you can park directly outside the hotel for up to 15 minutes as you register. The reception is on the floor above where you park, Niveau 0, and once you have checked in you can re-park in the underground car park directly below the hotel. Tip: please note that the lift is one of those Schindler lifts that you need to have a certain amount of moisture on your finger tips to activate! One of the bar men saw me struggling and very helpfully came up to me and explained this!

## Hotel Room

Our hotel room was bijou but very comfortable. It felt exactly like a Swiss Ski Chalet with the red and white in the curtains, the cosiness of the Alpine landscape with the picture above the bed and the slate coloured floors and the timber throughout. Very cosy with a real Swiss twist. We had a standard room which also had a mezzanine level – so if you had a child with you, they would be able to sleep upstairs on the sofa bed.



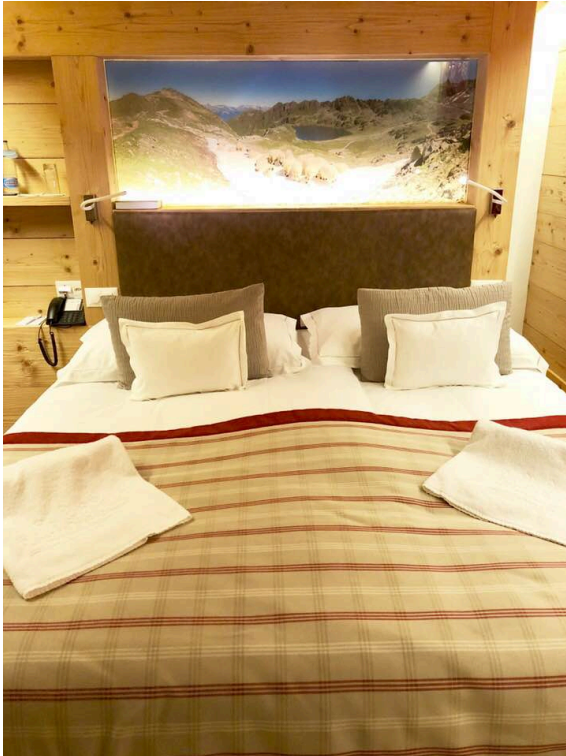
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Now the only thing that you have to bear in mind here is that there are two sides to this hotel, and the rooms either have a view or they don't. The hotel was 100% fully booked when we arrived and we had a room without a view. It's not a big deal if you think that most of the time you will be either out on the slopes, or hiking, or in the spa. However, if views are important, this is something you need to make sure of in advance.

There are a variety of rooms available from the standard through to the luxury suite, which is pictured below.



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## Bathroom

The bathroom had both a shower AND a bathtub – yay!!! I know this is something of a peccadillo with me – but I do really like to have the option of a bathtub – especially if I've been skiing all day! Nothing like a relaxing soak to sort out all those tense muscles!

## The Amazing Spa



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Now the real draw of the Hotel Nendaz 4 Valées and Spa lies in the very last part of the description – the SPA!!! Yes the hotel spa is truly amazing with a whole host of options available.

Please note that the changing rooms and lockers etc are directly outside the spa – and you're only allowed in the spa if you're in swimsuit etc – yes, I know, Swiss rules

– so don't forget your bath robe etc as there are plenty of places to relax!





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There is a Pine Sauna, a Steam Hammam, a Cave Grotto, an Ice Chamber, a Salt Water Flotation pool, a pool with an option of water patterns, the main "in – out" pool with amazing views of the mountains, complete with jacuzzi jets in the indoor and outdoor main pool area and a kids pool.



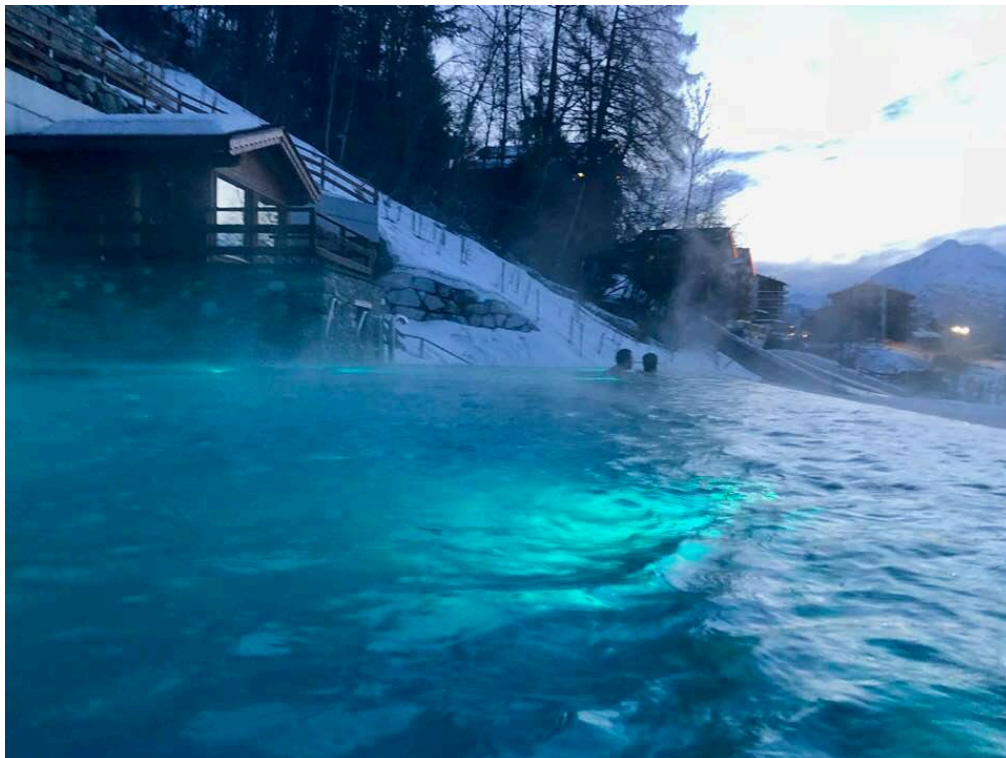
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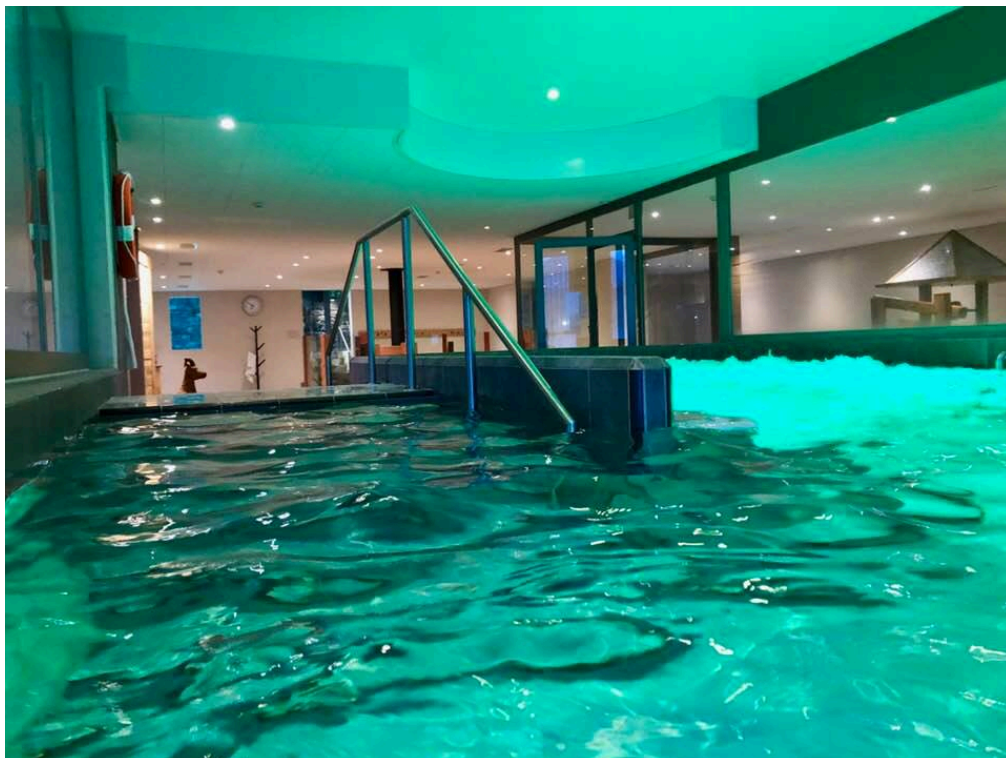


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Now in the interests of research, I tried out nearly every single one – but there are a lot – so do forgive me if I've missed something out.





The other thing to mention is that the water changes colour almost all the time in the evening and the colours are wild and imaginative. As I watched the sun setting from the main pool (and tried really carefully not to get my Olympus camera and my iPhone wet (quite tricky as there are quite a few waves) – the sunset unfolding before my eyes, along with the colour changes in the pool was truly impressive. It was totally memorising.



Oh and as we made our way out we discovered a Kneipp water bath too! There is just so much to enjoy here. Now, whilst we were there it was pretty quiet – but apparently at peak times and during certain times at weekends etc it can get busy. In addition to hotel guests, the general public can also buy day passes to enter too. However, we were totally lucky and whilst we were there it was very quiet.



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## Restaurants

You can eat simple snacks and beverages in the Hotel Bar in front of reception, but in addition the first floor restaurant serves a selection of Swiss speciality food.

For breakfast, we enjoyed a wonderful hearty breakfast with everything from Gipfeli and Birchermüsli to smoked salmon and eggs, sausage and bacon. Truly delicious. I particularly liked the automatic juice maker too.

## The Staff

The reception staff were courteous, friendly and helpful to us at all times. However, special mention goes to Melanie and Julien who took our "million plus" questions totally in their stride and made sure that we were able to enjoy as much of the Freeride festival as was humanly possible, despite the adverse weather conditions whilst we were there.



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For more information on the Nendaz Freeride Festival see [here](#).



All in all Nendaz is a charming destination in the French speaking region of Switzerland and the views are absolutely



stupendous. In fact it's worth taking the Postbus from Sion to Nendaz just to admire the great views at every twist and turn.



Hotel Nendaz 4 Vallées and Spa

Address: Chemin des Cibles 17, 1997 Haute-Nendaz

Tel: 027 611 11 11

Visit the Hotel Nendaz 4 Valées and Spa website here.

Visit the Nendaz Freeride Festival website here.

Click here for the Google Coordinates to get there.

See Google Maps here:



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